

# Columbine Commons



## Assisted Living

1475 Main Street  
Windsor, Colorado 80550

**970-449-5540**

**40 PLUS YEARS OF CARING FOR SENIORS!**

[www.columbinehealth.com](http://www.columbinehealth.com)

# FEATURES

## THE BUILDING

- Beautifully decorated living room
- Private dining room available for special events or gatherings
- Activity room with full kitchen
- Whirlpool tub for spa experience
- Beauty and barber shop
- Movie and TV room
- Common areas throughout the building for you to enjoy....  
don't miss the fish aquarium!

## YOUR APARTMENT

- All apartments are private with private bathrooms
- Three different apartment sizes
- Walk-in showers with built-in shower bench
- Kitchenette with small refrigerator
- Walk-in closets
- Wireless call system for residents to communicate to staff
- Heating and air conditioning with individual thermostats
- Phone and cable ready; no service initiation required

## THE GROUNDS

- Fully landscaped grounds
- Columbine Commons Park
- Sculptures

# SERVICES

## CARE

- Personal Care Providers on staff and awake 24 hours per day providing protective oversight and assistance with activities of daily living such as; bathing, dressing, and grooming.
- Regular monitoring for general health by a licensed nurse 7 days per week
- Medication in a unit dose system available by Columbine's own Centre Pharmacy, Inc.
- Medication administered
- First Aid certified staff members
- Transportation to medical appointments
- Respite Stays available

## NUTRITION DIETICIAN

- Experienced Registered Dietician to provide menu planning and to meet individual dietary needs and requirements
- All three meals served in a 2 hour window to make individual choices about when to eat
- A large kitchen for meal preparation and a satellite kitchen for made-to-order requests
- FREDA – our **F**riendly, **R**olling, **E**dibles, **D**rinks, and announcing **A**ctivities Cart going through the halls twice a day

## ACTIVITIES

- Activity Director who plans physical, social, mental, educational, spiritual, emotional, and recreational events and programs 7 days per week
- Outings into the community using our Columbine Fleet Van System
- Exercise room with scheduled programming and encouragement to participate
- Activity TV Channel – events and activities will be posted on your TV!

## HOUSEKEEPING, LAUNDRY, AND MAINTENANCE

- Housekeeping staff 7 days per week
- Personal laundry for each resident
- Maintenance professional on staff and on-call





## OTHER FACILITIES & SERVICES

- Columbine Commons Health & Rehab Facility  
***Rehabilitation, Skilled Nursing,  
and Hospice located in our building***
- Home Health Care - providing RN's, LPN'S,  
PT/OT and ST's
- Non-Medical Home Care - providing  
homemaker services, personal care  
providers, and CNA's
- Columbine Medical Equipment
- Out-Patient Therapy – Physical,  
Occupational, Speech Language

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**Locally owned and operated since 1971**



## Columbine Management Office

802 West Drake Road, Suite 101

Fort Collins, Colorado 80526

970-482-0198 Fax: 970-482-9148

[www.columbinehealth.com](http://www.columbinehealth.com)

● INDEPENDENT LIVING | ● ASSISTED LIVING  
● REHABILITATION | ● HEALTH & REHAB | ● HEALTH SERVICES

### FORT COLLINS

- Bloom at Home ..... 970-482-5096
- Centre Avenue Health & Rehab Facility.....970-494-2140
- Centre Pharmacy, Inc.....970-221-0190
- Columbine Medical Equipment .....970-221-1453
- Columbine Poudre Home Care ..... 970-482-5096
- Columbine West Health & Rehab Facility ....970-221-2273
- Front Range Therapy ..... 970-494-6449
- Geriatric Education Centre..... 970-494-6455
- Lemay Avenue Health & Rehab Facility.....970-482-1584
- Lifestyle Centre ..... 970-494-6446
- New Mercer Commons .....970-495-1000
- Poudre Infusion Therapy.....970-494-2130
- The Winslow ..... 970-492-6200
- The Worthington ..... 970-490-1000

### LOVELAND

- Bloom at Home ..... 970-482-5096
- Front Range Therapy ..... 970-494-6449
- Lakeview Commons.....970-278-4000
- North Shore Health & Rehab Facility .....970-667-6111
- Centre Pharmacy, Inc.....970-221-0190
- Columbine Medical Equipment .....970-221-1453
- Columbine Poudre Home Care ..... 970-482-5096
- Poudre Infusion Therapy.....970-494-2130
- The Wexford .....970-667-1900

### WINDSOR

- Bloom at Home ..... 970-482-5096
- Centre Pharmacy, Inc.....970-221-0190
- Columbine Commons ..... 970-449-5540
- Columbine Commons Health & Rehab Facility ..970-449-5541
- Columbine Medical Equipment .....970-460-9205
- Columbine Poudre Home Care ..... 970-460-9200
- Front Range Therapy ..... 970-494-6449
- Poudre Infusion Therapy..... 970-460-9208